

Instructions Following Implant Surgery/ Implant Treatment
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Some pain, bleeding, swelling and seeping are normal following oral surgery. A **cold compress placed on the face near the extraction site for 30 minutes every five to ten minutes on the day of your surgery can be helpful.** This will help reduce pain and swelling.

Do not miss your follow up appointment(s) with your dentist and do not probe the area with your tongue or fingers.

Please do not touch your lips to see or feel the area treated. Avoid brushing your teeth near the surgery site but brush and floss the rest of your mouth as instructed by the office. Do not use a straw for drinking.

You can take ibuprofen or acetaminophen according to the instructions on the label or those provided by your doctor as needed. **A warm salt water rinse, approximately ½ teaspoon in an eight ounce glass of water, three times a day can be helpful.**

For the first 24 hours you may experience some cold and heat sensitivity. Do not eat, drink, chew or consume foods and beverages that are extremely hot or spicy until the numbness has worn off following the anesthetic. During the first few days after surgery a diet of liquids and soft foods such as soups, yogurt, juice and smoothies are recommended.

Avoid vigorous physical exercise for the first 24 hours and do not consume alcoholic beverages or smoke for at least 48 hours.

If there were any sutures placed, please check with the office for a follow up appointment to make sure they are removed within 1 week after surgery because they can cause a subsequent infection. If resorbable sutures were placed then they will dissolve in 7 – 10 days and a follow up appointment is not necessary. Of course by all means do not hesitate to call the office to make a follow up appointment for any questions about healing or if unsure about the type of sutures placed.

If you experience excessive bleeding or discomfort after 48-72 hours, please call our office immediately.

Follow any other instructions provided by the office on your visit. **Please take all medications as prescribed including your prescribed antibiotics to help prevent infection.**

Springfield 1050 Baltimore Pike, Springfield, PA 19064 **610-544-5251**

Drexel Hill 2300 Garrett Rd, Drexel Hill, PA 19026 **610-623-4211**

Newtown Square 3501 West Chester Pike, Ste 100, Newtown Square, PA 19073 **610-353-1404**